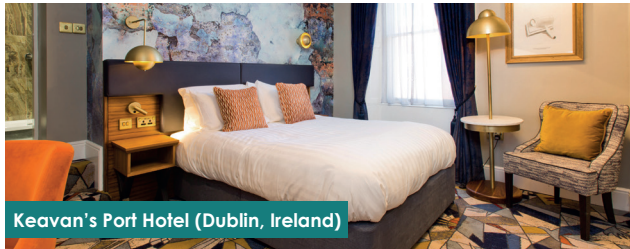


Book direct for the best rates*

jdwetherspoon.com or the Wetherspoon app



The Saxon Crown (Corby, England)



Keavan's Port Hotel (Dublin, Ireland)



The Golden Acorn (Glenrothes, Scotland)



The Kings Head Hotel (Monmouth, Wales)

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot 🔥🔥🔥🔥🔥 = Extremely hot

🌱 Vegetarian 🌿 Vegan 5% 5% fat or less UNDER 500 Dish under 500 Calories

🐟 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.*

BREAKFAST

Served 8am - 12 noon

Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	8.01
Traditional breakfast 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	6.31
Small breakfast ^{UNDER 500} 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	5.41
<hr/>	
Add: Two slices of black pudding (355 kcal)	1.51
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Large vegetarian breakfast ^{UNDER 500} 1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	8.01
Vegetarian breakfast ^{UNDER 500} 816 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	6.31
Small vegetarian breakfast ^{UNDER 500} 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	5.41
Vegan breakfast ^{UNDER 500} 786 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	5.91
Freedom breakfast 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	5.41

Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	6.50
Mushroom Benedict ^{UNDER 500} 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	6.50
Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	6.50
Scrambled egg on toast ^{UNDER 500} 570 kcal Three eggs, buttered white bloomer toast	4.93
Beans on toast ^{UNDER 500} 566 kcal. Buttered white bloomer toast	3.77
Small beans on toast ^{UNDER 500} 251 kcal Buttered white bloomer toast	2.62
Two slices of toast with jam or marmalade ^{UNDER 500} 496 kcal White bloomer bread	2.58
Fresh fruit ^{UNDER 500} 177 kcal Apple, banana, blueberries, strawberries	3.77
Porridge ^{UNDER 500} 252 kcal (plain) Add: Banana (101 kcal) 62p Strawberries (14 kcal) 62p Blueberries (17 kcal) 62p Honey (91 kcal) 34p	2.09

Breakfast extras

Add any of the following:

Two slices of black pudding 355 kcal	1.51	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms 91 kcal	93p
Sausage 168 kcal	1.05	Two scrambled eggs 136 kcal	1.63	Two grilled tomato halves 16 kcal	52p
Quorn™ sausage 116 kcal	1.05	Fried egg 56 kcal	93p	Slice of toast 191 kcal	1.13
Baked beans 126 kcal	93p	Poached egg 63 kcal	93p		
Two rashers of back bacon 99 kcal	1.57	Hash brown 82 kcal	46p		

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread	4.36	Breakfast wrap 739 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese	5.52
Sausage butty 713 kcal. Two sausages, buttered white bloomer bread	4.36	Vegetarian breakfast wrap ^{UNDER 500} 835 kcal Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	5.52
Quorn™ sausage butty ^{UNDER 500} 609 kcal Two Quorn sausages, buttered white bloomer bread	4.36		

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills*

Egg & cheese muffin ^{UNDER 500} 249 kcal Fried egg, American-style cheese, in an English muffin	4.47
Egg & bacon muffin ^{UNDER 500} 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.93
Egg & sausage muffin ^{UNDER 500} 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	4.93
Egg & Quorn™ sausage muffin ^{UNDER 500} 364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	4.93
Breakfast muffin ^{UNDER 500} 466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	5.16
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Add: Hash brown (82 kcal)	46p

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J.D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. *Statement of daily calorie needs from the Department of Health & Social Care. †Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spiritz, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Tea, coffee and hot chocolate

FREE REFILLS
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —

— ALL DAY EVERY DAY —



£1.56 each

Biscuits	
Walkers shortbread 151 kcal	71p
Stem ginger biscuit 123 kcal	71p
Belgian chocolate biscuit 129 kcal	71p
Salted caramel brownie bar 316 kcal	1.64

Flat white 92 kcal	92p
Cappuccino 102 kcal	102p
Latte 113 kcal	113p
Mocha 147 kcal	147p
Espresso 6 kcal	6p
Black coffee 6 kcal	6p
White coffee 24 kcal (Oat milk available 4 kcal)	24p
Hot chocolate 169 kcal	169p
Tea ^{UNDER 500}	
with semi-skimmed milk 14 kcal (Oat milk available 4 kcal)	14p
Decaffeinated tea and coffee available.	

for the facts
drinkaware.co.uk
jdwetherspoon.com

SIMNOGRILL

MENU_6428

FOOD

Main menu 11.30am - 11pm. Children's menu available.



This former dock building was erected in the 1880s and served as the long-time offices of the Mount Stuart Dry Docks Company Ltd. The offices were built alongside Graving Dock No.1, part of Cardiff Docks, built by the Marquesses of Bute. The now-demolished Mount Stuart public house stood just outside the dock gates. Both the dock offices and the pub were named after the Marquesses' ancestral home on the Isle of Bute.



Food hygiene rating
We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



Free-range eggs
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



100% UK and Irish beef
Sourced from farms in the UK and Ireland. Traceable from farm to fork.

Breakfast
8am - 12 noon
Traditional breakfast
£6.31

Tea, coffee and hot chocolate
Free refills*
£1.56 each

Burger meals

INCLUDES A DRINK*

Featuring 3oz American burger soft drink* | alcoholic drink*
£7.20 | £8.96

Afternoon deals

INCLUDES A DRINK*

Mon - Fri, 2pm - 5pm
Featuring small freshly battered fish and chips soft drink* | alcoholic drink*
£7.85 | £9.61

Curry Club

INCLUDES A DRINK*

Thursday 11.30am - 11pm
soft drink* | alcoholic drink*
£10.26 | £12.02

INCLUDES A DRINK*
Choose from over 150 drinks

How to order from your table



Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.



Coffee
The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.
Tea
The Tetley tea we serve also comes from Rainforest Alliance-certified farms.
Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

wetherspoon **hotels**

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HOTELS
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goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired



