

BREAKFAST

Served
8am - 12 noon

Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	8.01	Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	6.50
Traditional breakfast 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	6.31	Mushroom Benedict 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	6.50
Small breakfast 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	5.41	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	6.50
Add: Two slices of black pudding (355 kcal) 1.51			
Large vegetarian breakfast 1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	8.01	Scrambled egg on toast 570 kcal Three eggs, buttered white bloomer toast	4.93
Vegetarian breakfast 816 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	6.31	Beans on toast 566 kcal Buttered white bloomer toast	3.77
Small vegetarian breakfast 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	5.41	Two slices of toast with jam or marmalade 496 kcal White bloomer bread	2.58
Vegan breakfast 786 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	5.91	Fresh fruit 177 kcal Apple, banana, blueberries, strawberries	3.77
Freedom breakfast 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	5.41	Porridge 252 kcal (plain) Add: Banana (101 kcal) 62p Strawberries (14 kcal) 62p Blueberries (17 kcal) 62p Honey (91 kcal) 34p	2.09

Breakfast extras

Add any of the following:

Two slices of black pudding 355 kcal	1.51	Baked beans 126 kcal	93p	Poached egg 63 kcal	93p
Sausage 168 kcal	1.05	Two rashers of back bacon 99 kcal	1.57	Two hash browns 164 kcal	92p
Quorn™ sausage 116 kcal	1.05	Two scrambled eggs 136 kcal	1.63	Two mushrooms 91 kcal	93p
Halloumi-style cheese 396 kcal	1.97	Fried egg 56 kcal	93p	Two grilled tomato halves 16 kcal	52p

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills

Egg & cheese muffin 249 kcal Fried egg, American-style cheese, in an English muffin	4.47
Egg & bacon muffin 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.93
Egg & sausage muffin 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	4.93
Egg & Quorn™ sausage muffin 364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	4.93
Breakfast muffin 466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	5.16

Add: Two hash browns (164 kcal) 92p

Tea, coffee and hot chocolate

FREE REFILLS
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —

LAVAZZA
TORINO, ITALIA 1895

£1.56 each

Flat white 92 kcal
Cappuccino 102 kcal
Latte 113 kcal
Mocha 147 kcal
Espresso 6 kcal
Black coffee 6 kcal
White coffee 24 kcal (Oat milk available 4 kcal)
Hot chocolate 169 kcal
Tea with semi-skimmed milk 14 kcal (Oat milk available 4 kcal) Decaffeinated tea and coffee available.

Biscuits

Walkers shortbread 151 kcal	71p
Stem ginger biscuit 123 kcal	71p
Belgian chocolate biscuit 129 kcal	71p
Salted caramel brownie bar 316 kcal	1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jd.wetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. †Statement of daily calorie needs from the Department of Health & Social Care. ††Excluding decaffeinated. †††Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

for the facts
drinkaware.co.uk
jd.wetherspoon.com

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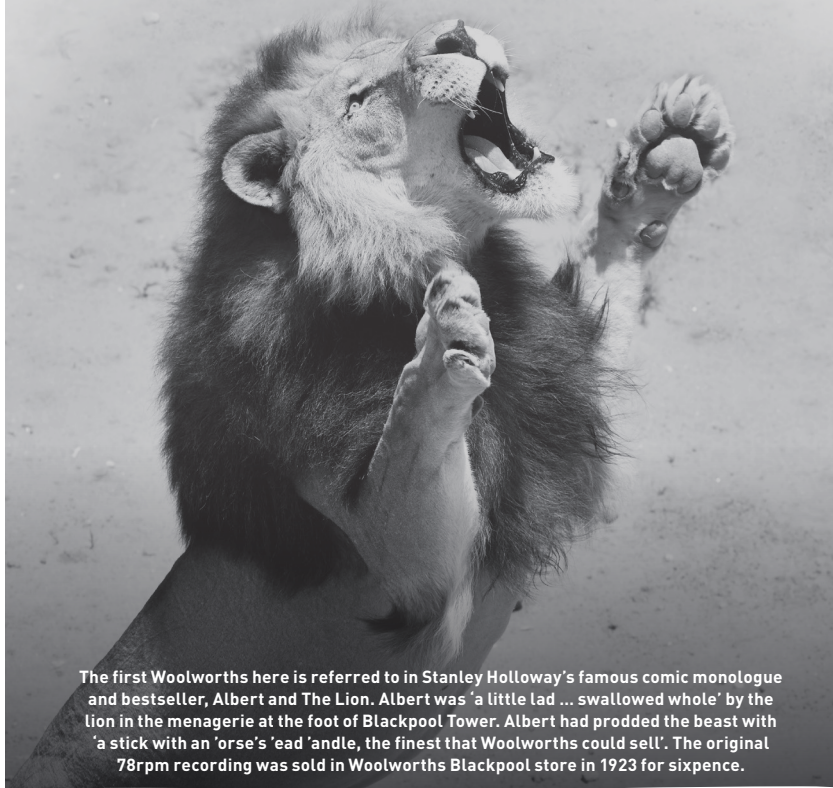
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FOOD

Main menu 11.30am - 11pm. Children's menu available.

The Albert and The Lion

Blackpool



The first Woolworths here is referred to in Stanley Holloway's famous comic monologue and bestseller, Albert and The Lion. Albert was 'a little lad ... swallowed whole' by the lion in the menagerie at the foot of Blackpool Tower. Albert had prodded the beast with 'a stick with an 'orse's 'ead 'andle, the finest that Woolworths could sell'. The original 78rpm recording was sold in Woolworths Blackpool store in 1923 for sixpence.

FOOD HYGIENE RATING
① ② ③ ④ ⑤
VERY GOOD

Food hygiene rating
We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

100% UK AND IRISH BEEF

100% UK and Irish beef
Sourced from farms in the UK and Ireland. Traceable from farm to fork.



Free-range eggs
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
8am - 12 noon

Traditional breakfast
£6.31

Tea, coffee and hot chocolate
Free refills

£1.56
each

Burger meals
INCLUDES A DRINK

Featuring 3oz American burger soft drink* | alcoholic drink*
£7.20 | **£8.96**

Curry Club
INCLUDES A DRINK

Thursday 11.30am - 11pm
Featuring the katsu curry range soft drink* | alcoholic drink*
£9.67 | **£11.43**

INCLUDES A DRINK
Choose from over 150 drinks

How to order from your table



Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.



Coffee
The freshly ground 100% Arabica Lavazza coffee we serve is from Rainforest Alliance-certified farms.
Tea
The Tetley tea we serve also comes from Rainforest Alliance-certified farms. Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

wetherspoon hotels
57 in England, Ireland, Scotland and Wales
HOTELS
Book direct for the best rates*
jd.wetherspoon.com or on our app












goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired










Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.




Small plates | Any 3 for £17.75

8" pizzas on a freshly baked sourdough base.








Margherita  <small>UNDER 500</small> 470 kcal. Mozzarella, basil	6.61
Pepperoni  578 kcal. Mozzarella, pepperoni	7.20
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	7.20
BBQ chicken 558 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	7.20
Roasted vegetable  515 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	7.20
Vegan roasted vegetable  <small>5%</small> <small>UNDER 500</small> 353 kcal Mushroom, roasted pepper, courgette, onion, basil	7.20
Spicy meat feast    618 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.80

11" garlic pizza bread  772 kcal	5.57
Nachos     592 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips  964 kcal	4.23
Bowl of chips with curry sauce  1082 kcal	6.03
Cheesy chips  1256 kcal	5.41
Loaded chips 1218 kcal Cheese, maple-cured bacon, sour cream	6.60
Pizza chips  1138 kcal. Pizza sauce, mozzarella	6.60
Add: Pepperoni  (109 kcal) 1.53	

With any of the small plates below, choose one dip:
 Sweet chilli   48 kcal; Sticky soy  100 kcal; Naga chilli    136 kcal
 Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo     150 kcal
 Blue cheese  270 kcal

Halloumi-style fries  <small>UNDER 500</small> 396 kcal	6.20
Chicken bites <small>UNDER 500</small> 298 kcal. Ten battered chicken breast pieces	6.48
Southern-fried chicken strips  <small>UNDER 500</small> 459 kcal Five chicken breast strips	6.43
Chicken wings    804 kcal. Ten spicy chicken wings	6.99
Quorn™ nuggets  <small>UNDER 500</small> 331 kcal. Eight coated pieces	6.03


Deli Deals

Paninis	
Cheddar cheese and tomato  532 kcal	
Wiltshire cured ham and Cheddar cheese 512 kcal	soft drink* 7.43 each
BBQ chicken, bacon and Cheddar cheese 572 kcal	
Wraps	alcoholic drink* 9.19 each
Quorn™ nuggets  534 kcal Tomato, cucumber, salsa	
Southern-fried chicken and smoky chipotle mayo    639 kcal	
Fried halloumi-style cheese and sweet chilli sauce   692 kcal Tomato, cucumber	









Add: Chips  (602 kcal); Salad  (87 kcal); Spicy rice  (208 kcal) **1.44** each

Curries

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu chicken curry 826 kcal Sliced whole breaded chicken breast fillet	soft drink* 10.49 each
Katsu grilled chicken curry <small>5%</small> 541 kcal Sliced chicken breast	alcoholic drink* 12.25 each
Katsu Quorn™ nugget curry  685 kcal Eight coated pieces	

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry   <small>5%</small> 867 kcal	soft drink* 11.60 each
Chicken tikka masala   1190 kcal	alcoholic drink* 13.36 each
Chicken jalfrezi    <small>5%</small> 935 kcal	
Change your plain naan to a garlic naan  (add 58 kcal) 47p	

Burgers | Beef burgers made from 100% British beef.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).

American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 7.20 each	alcoholic drink* 8.96 each
Classic beef burger 676 kcal Iceberg lettuce, tomato, red onion		
Skinny beef burger <small>UNDER 500</small> 369 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips		

American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 7.78	alcoholic drink* 9.54
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Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).

Double American burger 1137 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 9.46 each	alcoholic drink* 11.22 each
Double classic beef burger 1118 kcal Iceberg lettuce, tomato, red onion		




Double American cheese burger 1206 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 10.04	alcoholic drink* 11.80
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Additional toppings and burger patties








Maple-cured bacon with Cheddar cheese 174 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese  83 kcal	1.52
American-style cheese  69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip  92 kcal	1.50

3oz beef patty 169 kcal;	
Fried buttermilk chicken 473 kcal	
 BEYOND MEAT patty  184 kcal	each 1.97

Small pub classics



Fish and chips	soft drink* 9.62	alcoholic drink* 11.38
Small freshly battered cod and chips  962 Peas 680 kcal or mushy peas 739 kcal		
Small Whitby breaded scampi 962 Chips, peas 658 kcal or mushy peas 718 kcal. Four Whitby breaded scampi		
Add: Two slices of bread  (383 kcal) 1.34 Chip shop-style curry sauce  (118 kcal) 1.46		

Pub classics

Fish and chips	soft drink* 11.84	alcoholic drink* 13.60
Freshly battered cod and chips  11.84 Peas 1239 kcal or mushy peas 1298 kcal		
Whitby breaded scampi 11.84 Chips, peas 1195 kcal or mushy peas 1255 kcal. Eight Whitby breaded scampi		
Add: Two slices of bread  (383 kcal) 1.34 Chip shop-style curry sauce  (118 kcal) 1.46		
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	9.49	11.25
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	9.49	11.25
Vegan sausages, chips and beans  1013 kcal Three Quorn sausages	9.49	11.25
Five-bean chilli   <small>5%</small> 590 kcal Rice, tortilla chips	10.08	11.84
All-day brunch 1213 kcal Two sausages, bacon, two fried eggs, baked beans, chips Add: Two slices of black pudding (355 kcal) 1.51	11.49	13.25
Vegetarian all-day brunch  1126 kcal Three Quorn sausages, two fried eggs, baked beans, chips	11.49	13.25


Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1661 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	soft drink* 11.66 each	alcoholic drink* 13.42 each
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal Fried buttermilk chicken 1702 kcal		
BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Fried buttermilk chicken 1780 kcal		
Fiesta burger  1462 kcal  BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion		

Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below).



Crunchy chicken strip burger  787 kcal	soft drink* 7.20	alcoholic drink* 8.96
Two southern-fried chicken strips, iceberg lettuce, mayonnaise		

Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1254 kcal Breaded whole chicken breast fillet	soft drink* 9.46	alcoholic drink* 11.22
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Meat-free burger

Served with chips (602 kcal, included in Calories below).









Beyond Burger™  834 kcal	soft drink* 9.46	alcoholic drink* 11.22
 BEYOND MEAT plant-based patty		

Chicken baskets

Boneless basket 
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce
Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal





Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Spicy rice <small>5%</small> 739 kcal; Chips 1133 kcal; Side salad 618 kcal	soft drink* 10.43 each	alcoholic drink* 12.19 each
Southern-fried chicken strips basket  Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal		
Quorn™ 'no chicken' nuggets basket   Eight coated pieces, coleslaw, sweet chilli sauce Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal		




Salads and pastas

Burrito salad bowl  657 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add: Chicken breast (187 kcal) 1.97 Five-bean chilli   (119 kcal) 1.97	soft drink* 10.32	alcoholic drink* 12.08
Halloumi-style cheese & roasted vegetable salad  588 kcal Roasted pepper, courgette, onion, pico de gallo, dressing Add: Chicken breast (187 kcal) 1.97	10.32	12.08
Chicken & maple-cured bacon salad Choose: Chicken breast <small>5%</small> <small>UNDER 500</small> 279 kcal Southern-fried chicken breast strips <small>UNDER 500</small> 461 kcal	11.16	12.92
Mediterranean salad  <small>9%</small> <small>UNDER 500</small> 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Halloumi-style cheese  (394 kcal) 1.97 Roasted vegetables  (135 kcal) 1.53 Chicken breast (187 kcal) 1.97	10.03	11.79
Pasta alfredo  618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52	10.60	12.36
British beef & pancetta lasagne 780 kcal Side salad	11.16	12.92

11" pizzas

On a freshly baked sourdough base.

Margherita  939 kcal. Mozzarella, basil	soft drink* 10.43	alcoholic drink* 12.19
Pepperoni  1157 kcal. Mozzarella, pepperoni		
Ham and mushroom 1012 kcal Mozzarella, ham, mushroom, rocket		
BBQ chicken 1103 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	soft drink* 11.60 each	alcoholic drink* 13.36 each
Roasted vegetable  1029 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil		
Vegan roasted vegetable  <small>5%</small> 705 kcal Mushroom, roasted pepper, courgette, onion, basil		

Spicy meat feast    1220 kcal	12.78	14.54
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket		

Additional toppings







Red onion  10 kcal; Sliced chillies     3 kcal; Mushroom  6 kcal each **88p**

Garlic & herb dip  180 kcal; Mozzarella  150 kcal; Ham 71 kcal
 Chicken breast 94 kcal; Maple-cured bacon 91 kcal each **1.15**






















Pepperoni  109 kcal; Roasted vegetables  135 kcal each **1.53**

Jacket potatoes

With salad and one filling. Extra fillings 1.22 each.

Coleslaw  578 kcal	soft drink* 8.60 each
Cheese  531 kcal	alcoholic drink* 10.36 each
Baked beans  <small>5%</small> 501 kcal	
Five-bean chilli   <small>5%</small> <small>UNDER 500</small> 431 kcal	
Roasted vegetables  <small>5%</small> <small>UNDER 500</small> 402 kcal	

Sides and extras

Bowl of chips  964 kcal (Add: Spicy seasoning  (8 kcal) 34p)	4.23
Small bowl of chips  602 kcal	2.48
Five chicken wings    402 kcal	3.34
Eight Whitby breaded scampi 527 kcal	4.99
Halloumi-style cheese  446 kcal	1.97
Peas  130 kcal	94p
Mushy peas  248 kcal	94p
Side salad  87 kcal	2.29
Mediterranean side salad  198 kcal	3.22
Roasted vegetables  135 kcal	1.53
Coleslaw  399 kcal	1.40
Sliced chillies      3 kcal	88p
Onion rings  Six 269 kcal 2.33 Twelve 538 kcal 3.50	
Garlic pizza bread  8" 386 kcal 4.40 11" 772 kcal 5.57	
With cheese  8" 461 kcal 4.98 11" 922 kcal 6.44	