

Sides and extras

Bowl of chips	964 kcal (Add: Spicy seasoning 7 kcal) 34p	4.23
Small bowl of chips	602 kcal	2.48
Five chicken wings	407 kcal	3.34
NEW Five chicken breast bites	161 kcal	2.99
Eight Whitby breaded scampi	464 kcal	4.99
Grilled halloumi-style cheese	447 kcal	1.97
Peas	133 kcal	94p
Mushy peas	248 kcal	94p
Side salad	91 kcal	2.29
Mediterranean side salad	198 kcal	3.22
Roasted vegetables	135 kcal	1.53
Coleslaw	399 kcal	1.40
Sliced chillies	3 kcal	88p
Chicken gravy	50 kcal	94p
Onion rings	Six 269 kcal 2.33 Twelve 538 kcal 3.50	
Garlic pizza bread	8 386 kcal 4.40 11 772 kcal 5.57	
With cheese	8 473 kcal 4.98 11 922 kcal 6.44	

Desserts

NEW Salted caramel sticky toffee pudding	4.99
Vanilla ice cream 877 kcal or custard 741 kcal	
NEW Millionaire's shortbread	4.09 kcal
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream	334 kcal
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch	364 kcal
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie	435 kcal
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich	431 kcal
Salted caramel filling, toffee sauce, vanilla ice cream	
Mini American-style pancakes	412 kcal
Two pancakes, maple-flavour syrup, vanilla ice cream	
Fresh fruit	470 kcal
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake	909 kcal
Vanilla ice cream	
Warm chocolate brownie	736 kcal
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich	727 kcal
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble	537 kcal
Vanilla ice cream 673 kcal or custard 537 kcal	
American-style pancakes	689 kcal
Four pancakes, maple-flavour syrup, vanilla ice cream	
Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p	
Belgian chocolate sauce (61 kcal) 42p; Toffee sauce (66 kcal) 42p	
Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p	

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot 🔥🔥🔥🔥🔥 = Extremely hot
 🌿 = Vegetarian 🌱 = Vegan 5% = 5% fat or less UNDER 500 = Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.⁸

BREAKFAST

Large breakfast	1343 kcal	6.59
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast		
Traditional breakfast	807 kcal	4.99
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast		
Small breakfast	435 kcal	4.45
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown		
Add: Black pudding (178 kcal) 75p		
Freedom breakfast	586 kcal	4.45
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato		
Large vegetarian breakfast	1129 kcal	6.59
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast		
Vegetarian breakfast	786 kcal	4.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		
Small vegetarian breakfast	291 kcal	4.45
Fried egg, vegan sausage, baked beans, hash brown, tomato		
Vegan breakfast	642 kcal	4.61
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		
American breakfast	1258 kcal	6.85
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup		
Small American breakfast	629 kcal	4.99
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup		
Porridge	252 kcal (plain)	2.09
Add: Banana (110 kcal) 62p; Maple-flavour syrup (125 kcal) 34p		
Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p		
Honey (91 kcal) 34p; Sliced apple (46 kcal) 62p		

Breakfast extras

Add any of the following:

Black pudding	178 kcal	75p	Two rashers of back bacon	131 kcal	1.57	Baked beans	126 kcal	93p
Lincolnshire sausage	168 kcal	1.05	Four rashers of maple-cured bacon	91 kcal	1.52	Two mushrooms	100 kcal	93p
Vegan sausage	82 kcal	1.05	Two scrambled eggs	136 kcal	1.63	Two grilled tomato halves	16 kcal	52p
Slice of toast	225 kcal	1.13	Fried egg	56 kcal	93p	Grilled halloumi-style cheese	447 kcal	1.97
Hash brown	82 kcal	46p	Poached egg	63 kcal	93p			

Breakfast butties and wraps

Bacon butty	574 kcal. Three rashers of bacon, buttered white bloomer bread	3.88
Sausage butty	714 kcal	3.88
Two Lincolnshire sausages, buttered white bloomer bread		
Vegetarian sausage butty	541 kcal	3.88
Two vegan sausages, buttered white bloomer bread		
NEW Vegan option available with vegan spread	435 kcal	

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills*		
Egg & cheese muffin	249 kcal	3.31
Fried egg, American-style cheese, in an English muffin		
Egg & bacon muffin	314 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin		
Egg & sausage muffin	417 kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin		
Egg & vegetarian sausage muffin	330 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin		
Breakfast muffin	482 kcal	4.01
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin		
Smashed avocado muffin	271 kcal	4.01
Guacamole, pico de gallo, on an English muffin, rocket		
Add: Maple-cured bacon (91 kcal) 1.52; Poached egg (63 kcal) 93p		
Grilled halloumi-style cheese (447 kcal) 1.97		
Add: Hash brown (82 kcal) 46p		

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdewetherspoon.com
 *Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. **Statement of daily Calorie needs from the Department of Health & Social Care. †Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Served 8am - 12 noon

NEW Fiesta brunch	659 kcal	3.88
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa		
Eggs Benedict	725 kcal	5.14
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket		
Mushroom Benedict	638 kcal	5.14
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket		
Miner's Benedict	939 kcal	5.14
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket		
American-style pancakes		
NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup	708 kcal	4.99
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal		
Four pancakes, maple-flavour syrup. 554 kcal		
Small American-style pancakes		
Two pancakes, maple-cured bacon, maple-flavour syrup. 322 kcal		
Two pancakes, maple-flavour syrup. 277 kcal		
Scrambled egg on toast	570 kcal	3.77
Three eggs, buttered white bloomer toast		
Beans on toast	566 kcal. Buttered white bloomer toast	3.66
NEW Vegan option available with vegan spread	460 kcal	
Small beans on toast	252 kcal	2.62
Buttered white bloomer toast		
Two slices of toast with jam or marmalade	524 kcal	2.47
White bloomer bread		
Fresh fruit	200 kcal	3.66
Apple, banana, blueberries, strawberries		
NEW Fresh fruit and yoghurt	334 kcal	4.45
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt		

Breakfast wrap	724 kcal	4.36
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese		
Vegetarian breakfast wrap	735 kcal	4.36
Fried egg, two vegan sausages, two hash browns, Cheddar cheese		

Tea, coffee and hot chocolate

FREE REFILLS*
 TEA, COFFEE AND HOT CHOCOLATE
 — ALL DAY EVERY DAY —

LAVAZZA TORINO, ITALIA 1895
 100% ARABICA BEANS
 100% ARABICA BEANS
 100% ARABICA BEANS

Flat white 92 kcal
 Cappuccino 102 kcal
 Latte 113 kcal
 Mocha 147 kcal
 Espresso 6 kcal
 Black coffee 6 kcal
 White coffee 24 kcal
 Hot chocolate 169 kcal

Tea with semi-skimmed milk 14 kcal
 Dairy alternative: oat sachet 4 kcal
 Decaffeinated tea and coffee available.

£1.56 each

Biscuits
 Walkers shortbread 151 kcal 71p
 Stem ginger biscuit 123 kcal 71p
 Belgian chocolate biscuit 129 kcal 71p
 Salted caramel brownie bar 316 kcal 1.64

for the facts **drinkaware.co.uk**

jdewetherspoon.com

STD

MENU_7152

FOOD

Main menu 11.30am - 11pm. Children's menu available.



Parsons' Barn

Shoeburyness

This grade II listed building is in what was the ancient hamlet of North Shoebury. It was not until 1933 that North Shoebury and South Shoebury were officially united to form Shoeburyness and incorporated into the Borough of Southend. North Shoebury was still a rural area in 1980. Following much public debate, an ASDA 'superstore' was built in 1981. Two years later, the lone survivor of the old farm buildings was converted into a public house named Parsons Barn.



Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
8am - 12 noon
Traditional breakfast
£4.99

Tea, coffee and hot chocolate
Free refills
£1.56 each

Deli Deals*

INCLUDES A DRINK* 🍷🍹

Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink

£3.08

soft drink*	alcoholic drink*
£4.11	£5.64

Burger meals

INCLUDES A DRINK* 🍷🍹

Featuring **3oz American burger**

soft drink*	alcoholic drink*
£5.44	£6.97

Afternoon deals

INCLUDES A DRINK* 🍷🍹

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

soft drink*	alcoholic drink*
£6.09	£7.62

Steak Club*

INCLUDES A DRINK* 🍷🍹

Tuesday 11.30am - 11pm

Featuring classic **8oz sirloin**

soft drink*	alcoholic drink*
£9.67	£11.20

Curry Club*

INCLUDES A DRINK* 🍷🍹

Thursday 11.30am - 11pm

Featuring the **katsu curry range**

soft drink*	alcoholic drink*
£7.91	£9.44

INCLUDES A DRINK* 🍷🍹
Choose from over 150 drinks

LAVAZZA



Coffee

The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.



Award-winning children's menu

Best children's meals (first place) Independently run 'secret diner' survey.



Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

wetherspoon hotels

Over 50 hotels in England, Ireland, Scotland and Wales

Book direct for the best rates*
 at jdewetherspoon.com, on our app or by phone.



goodfoodtalks

opening menus for everybody

The spoken menu app for the visually impaired

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.⁸

Small plates | Any 3 for £14.93

8" pizzas. Sourdough base – proved, stretched, topped and freshly baked to order.

Margherita 467 kcal. Mozzarella, basil	5.91
Pepperoni 575 kcal. Mozzarella, pepperoni	6.51
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.51
BBQ chicken 555 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.51
Roasted vegetable 514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	6.51
Vegan roasted vegetable 355 kcal Mushroom, roasted pepper, courgette, onion, basil	6.51
Spicy meat feast 615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.09

NEW Char-grilled halloumi-style cheese 514 kcal Rocket, roasted pepper, courgette, onion, salsa	4.96
11" garlic pizza bread 772 kcal	5.57
Nachos 695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips 964 kcal	4.23
Bowl of chips with curry sauce 1082 kcal	5.58
Cheesy chips 1256 kcal	5.41
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.03
Tomato & basil soup 374 kcal. White bloomer bread	4.23

NEW Vegan option available with vegan spread 285 kcal

With any of the small plates below, choose one dip:

Sweet chilli 37 kcal. Sticky soy 100 kcal. Naga chilli 136 kcal	
Jack Daniel's™ Tennessee Honey glaze 87 kcal. Chipotle mayo 150 kcal	
Blue cheese 270 kcal. BBQ sauce 83 kcal	
Halloumi-style fries 396 kcal	4.96
Chicken bites 322 kcal. Ten battered chicken breast pieces	6.09
Southern-fried chicken strips 459 kcal. Five chicken breast strips	6.09
Chicken wings 813 kcal. Ten spicy chicken wings	6.75
Quorn™ nuggets 331 kcal. Eight coated pieces	5.19

Deli Deals INCLUDES A DRINK

All wraps and paninis are freshly made to order.

NEW 10" wraps A smaller wrap and filling. Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	3.08 each	just-a-wrap, without a drink
Small vegetarian brunch wrap 545 kcal Fried egg, two vegan sausages, Cheddar cheese	4.11 each	soft drink*
Small shawarma chicken 502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	5.64 each	alcoholic drink*
Small Quorn™ nuggets 310 kcal Salad leaves, tomato, cucumber, salsa		
Small southern-fried chicken 399 kcal Salad leaves, smoky chipotle mayo		
Small cold chicken breast 277 kcal Salad leaves, sweet chilli sauce		
Small fried halloumi-style cheese 391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber Add: Small side salad (46 kcal); Small portion of chips (329 kcal)	1.03 each	

12" wraps

NEW Shawarma chicken 719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	
Quorn™ nuggets 508 kcal. Tomato, cucumber, salsa	
Southern-fried chicken 609 kcal Salad leaves, smoky chipotle mayo	
Cold chicken breast 479 kcal Salad leaves, sweet chilli sauce	5.70 each
Fried halloumi-style cheese 707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber	7.23 each

Paninis

Tuna mayo and Cheddar cheese 590 kcal
Cheddar cheese and tomato 527 kcal
Wiltshire cured ham and Cheddar cheese 508 kcal
BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base

Choose any 8" pizza from the small plates section.

Add: Side salad (91 kcal); Tomato & basil soup (150 kcal)
Spicy rice (208 kcal); Chips (602 kcal) **1.44** each

Adults need around 2000 kcal a day.⁹

Burgers INCLUDES A DRINK

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).		
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 5.44 each	alcoholic drink* 6.97 each
Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion		
Skinny beef burger 375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips		
American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 6.04 alcoholic drink* 7.57	

Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).		
Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 7.73 each	alcoholic drink* 9.26 each
Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion		
Double American cheese burger 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 8.30 alcoholic drink* 9.83	

Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below).		
Crunchy chicken strip burger 776 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise	soft drink* 5.44 alcoholic drink* 6.97	

Served with chips (602 kcal, included in Calories below).		
Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet		
Char-grilled chicken breast burger 970 kcal Skinny chicken burger 394 kcal Char-grilled chicken breast, with a side salad, instead of chips	soft drink* 7.73 each	alcoholic drink* 9.26 each

Meat-free burgers

Served with chips (602 kcal, included in Calories below).		
Beyond Burger™ 1043 kcal BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	soft drink* 7.73 each	alcoholic drink* 9.26 each
Breaded vegetable burger 1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese		
Fried halloumi-style cheese burger 1118 kcal. Sweet chilli sauce		

Just-a-burger

Served on its own, without chips or a drink.		
American burger 367 kcal Red onion, gherkin, ketchup, American-style mustard		
Crunchy chicken strip burger 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise		

Curries INCLUDES A DRINK

Classic curries With basmati pilau rice, plain naan and poppadums.		
Mangalorean roasted cauliflower & spinach curry 927 kcal		
Chicken tikka masala 1190 kcal	soft drink* 9.84 each	alcoholic drink* 11.37 each
Chicken jalfrezi 935 kcal		
Beef Madras 1043 kcal		
Change your plain naan to a garlic naan (add 92 kcal) 47p		

Simple curries With basmati pilau rice or chips.

Simple Mangalorean roasted cauliflower & spinach curry 568 kcal. Chips 970 kcal		
Simple chicken tikka masala 1232 kcal	soft drink* 7.62 each	alcoholic drink* 9.15 each
Simple chicken jalfrezi 575 kcal. Chips 977 kcal		
Simple beef Madras 1086 kcal		
Add: One vegetable samosa and two onion bhajis (293 kcal) 1.76 Two plain poppadums (86 kcal) 47p		

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry 542 kcal Sliced char-grilled chicken breast		
Katsu Quorn™ nugget curry 686 kcal Eight coated pieces	soft drink* 8.73 each	alcoholic drink* 10.26 each
Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet		

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	soft drink* 9.93 each	
Tennessee burger 1567 kcal Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze		
Choose: Beef (two 3oz beef patties) 1417 kcal Char-grilled chicken breast 1703 kcal Fried buttermilk chicken 1703 kcal		

BBQ burger 1644 kcal Maple-cured bacon, Cheddar cheese, BBQ sauce	soft drink* 11.46 each	
Choose: Beef (two 3oz beef patties) 1494 kcal Char-grilled chicken breast 1780 kcal Fried buttermilk chicken 1780 kcal		

Heatwave burger 1214 kcal Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing		
Choose: Char-grilled chicken breast 2007 kcal Fried buttermilk chicken 2007 kcal		

Fiesta burger 1380 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion		
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Triple American cheese & bacon burger 1770 kcal	soft drink* 11.38 alcoholic drink* 12.91	
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard		

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese 82 kcal	1.52
American-style cheese 69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip 92 kcal	1.50

3oz beef patty 168 kcal		
Char-grilled chicken breast 187 kcal		
Fried buttermilk chicken 473 kcal	each 1.97	
Breaded vegetable patty 257 kcal		
Fried halloumi-style cheese 298 kcal		
BEYOND MEAT patty 184 kcal		

Chicken INCLUDES A DRINK

Chicken on the bone is marinated, slow cooked and finished on the char-grill.		
Peri-peri char-grilled half chicken 1048 kcal Lemon and herb Char-grilled in a lemon & herb glaze	soft drink* 10.83 each	
Choose: Side salad 1059 kcal. Mashed potato 1137 kcal. Chips 1453 kcal		
Hot and spicy Char-grilled in a Naga chilli & citrus glaze	alcoholic drink* 12.36 each	
Choose: Side salad 888 kcal. Mediterranean salad 1018 kcal		
Spicy rice 1029 kcal. Mashed potato 1107 kcal. Chips 1423 kcal		
Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy		

Chicken baskets

Chicken wing basket Eight wings, coleslaw, Naga chilli dip		
Choose: Side salad 987 kcal. Spicy rice 1127 kcal. Chips 1522 kcal		
Boneless basket 1255 kcal Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce	soft drink* 8.68 each	
Choose: Side salad 720 kcal. Spicy rice 861 kcal. Chips 1255 kcal		
Chicken bites basket 1157 kcal Ten battered chicken breast pieces, coleslaw, sticky soy sauce	alcoholic drink* 10.21 each	
Choose: Side salad 623 kcal. Spicy rice 763 kcal. Chips 1157 kcal		
Southern-fried chicken strips basket 1282 kcal Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze		
Choose: Side salad 748 kcal. Spicy rice 888 kcal. Chips 1282 kcal		
Quorn™ "no chicken" nuggets basket 1104 kcal Eight coated pieces, coleslaw, sweet chilli sauce		
Choose: Side salad 569 kcal. Spicy rice 709 kcal. Chips 1104 kcal		
Add: Chicken gravy (50 kcal) 94p		

11" pizzas INCLUDES A DRINK

Sourdough base – proved, stretched, topped and freshly baked to order.	soft drink* 8.68	alcoholic drink* 10.21
Margherita 934 kcal. Mozzarella, basil		

Pepperoni 1151 kcal. Mozzarella, pepperoni		
Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket	soft drink* 9.84 each	
BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket		
Roasted vegetable 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	alcoholic drink* 11.37 each	
Vegan roasted vegetable 709 kcal Mushroom, roasted pepper, courgette, onion, basil		
Spicy meat feast 1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	11.02	12.55

Additional toppings

Red onion 10 kcal. Sliced chillies 3 kcal. Mushroom 4 kcal. each 88p		
Garlic & herb dip 180 kcal. Mozzarella 150 kcal. Ham 71 kcal		
Chicken breast 94 kcal. Maple-cured bacon 91 kcal	each 1.15	
Pepperoni 109 kcal. Roasted vegetables 90 kcal	each 1.53	

Small pub classics INCLUDES A DRINK

Fish and chips 88p	soft drink* 7.84	alcoholic drink* 9.37
Small freshly battered cod and chips 681 kcal or mushy peas 739 kcal		
Small Whitby breaded scampi 681 kcal Chips, peas 629 kcal or mushy peas 686 kcal.	7.84	9.37
Four Whitby breaded scampi 1246 kcal		
Add: Two slices of bread (404 kcal) 1.34 Chip shop-style curry sauce (118 kcal) 1.46		

Small Wiltshire cured ham, egg and chips 455 kcal One slice of Wiltshire cured ham, fried egg	6.61	8.14
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips	6.91	8.44
Add: Black pudding (178 kcal) 75p		
Small vegetarian all-day brunch 611 kcal Two vegan sausages, fried egg, baked beans, chips	6.91	8.44

Afternoon deal

Mon - Fri, 2pm - 5pm	soft drink* 6.09	alcoholic drink* 7.62
Choose from the above small pub classic meals.		

Pub classics INCLUDES A DRINK

Fish and chips 88p	soft drink* 10.08	alcoholic drink* 11.61
Freshly battered cod and chips 1240 kcal or mushy peas 1298 kcal		
Whitby breaded scampi 1192 kcal Chips, peas 1135 kcal or mushy peas 1192 kcal.	10.08	11.61
Eight Whitby breaded scampi 2384 kcal		
Add: Two slices of bread (404 kcal) 1.34 Chip shop-style curry sauce (118 kcal) 1.46		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips	9.72	11.25
Add: Black pudding (178 kcal) 75p		
Vegetarian all-day brunch 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	9.72	11.25
Steak & kidney pudding Peas, onion & red wine gravy	8.32	9.85
Choose: Mashed potato 963 kcal. Chips 1279 kcal		
Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	8.32	9