# BREAKFAST

<b>Large breakfast</b> 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans,	8.01
three hash browns, mushroom, two slices of toast Traditional breakfast 807 kcal	6.31
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toa	st
Small breakfast 뻀 435 kcal	5.41
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: Two slices of black pudding (355 kcal) 1.51	
Freedom breakfast 586 kcal	5.41
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato Large vegetarian breakfast 🛯 1129 kcal	8.01
Two fried eggs, three vegan sausages, baked beans, three hash browns,	0.01
mushroom, tomato, two slices of toast	
Vegetarian breakfast 🕐 786 kcal	6.31
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast (V 🕫 🗯 291 kcal	5.41
Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast 🧭 642 kcal	5.91
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
Porridge V 🚳 🐝 252 kcal (plain)	2.09
Add: Banana 🥥 (110 kcal) 62p; Strawberries 🥥 (27 kcal) 62p	
Blueberries @ (17 kcal) 62p; Honey V (91 kcal) 34p; Sliced apple @ (46 kcal) 62p	
NEW Shakshuka 🖉 🛇 547 kcal	6.50
Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce,	0.00
rocket, toasted ciabatta	
Add: Maple-cured bacon (91 kcal) 1.52	( 50
Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham,	6.50
Hollandaise sauce, rocket	
Mushroom Benedict 💟 638 kcal	6.50
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket Miner's Benedict 939 kcal	6.50
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	0.50
NEW Hash brown basket @ ‱ 410 kcal	1.99
Scrambled egg on toast 💟 570 kcal	4.93
Three eggs, buttered white bloomer toast	2 22
Beans on toast 💙 😳 566 kcal. Buttered white bloomer toast NIXVI Vegan option available with vegan spread 🥏 🗐 (1997) 460 kcal	3.77
Two slices of toast with jam or marmalade V 524 kcal	2.58
White bloomer bread	
Fresh fruit @ 39 (556) 200 kcal. Apple, banana, blueberries, strawberries	3.77
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	5.41

#### Tea, coffee and hot chocolate-

FREE REFILLS TEA, COFFEE AND HOT CHOCOLATE - ALL DAY EVERY DAY -LAVATLA 🛞 🛞 🚳

Flat white 💟 92 kcal Cappuccino 🖤 102 kcal Latte 💟 113 kcal Mocha 🕥 147 kcal Espresso ⊘ 6 kcal Black coffee 🕢 6 kcal White coffee V 24 kcal Hot chocolate 🕥 169 kcal Tea with semi-skimmed milk 💟 14 kcal

£1.56

such as-

allergens

Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

**Biscuits** Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar (V) 316 kcal 1.64

### Served 8am - 12 noon

#### **Breakfast extras** Add any of the following:

Lincolnshire sausage 168 kcal	1.05	Vegan sausage 🥝 82 kcal	1.05
Fried egg V 56 kcal	93p	Baked beans 🥏 126 kcal	93p
Two hash browns 🥝 164 kcal	92p	Poached egg V 63 kcal	93p
Two slices of black pudding 355	5 kcal		1.51
Two mushrooms ⊘ 100 kcal			93p
Two scrambled eggs V 136 kca	l		1.63
Two rashers of back bacon 131	kcal		1.57
Two grilled tomato halves 🤕 🛙	6 kcal		52p

#### **Breakfast butties and wraps**

Bacon butty 574 kcal	4.
Three rashers of bacon, buttered white bloomer bread	
Sausage butty 714 kcal	4
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty 💟 541 kcal	4
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread 🥏 🧐 5 kcal	
Breakfast wrap 724 kcal	5
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap 🔇 735 kcal	5
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

#### **Breakfast muffin deal**

Includes tea, coffee or hot chocolate. Free refills®	
<b>Egg &amp; cheese muffin V</b> (55) 249 kcal Fried egg, American-style cheese, in an English muffin	4.47
<b>Egg &amp; bacon muffin (500)</b> 314 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.93
<b>Egg &amp; sausage muffin (567)</b> 417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	4.93
<b>Egg &amp; vegetarian sausage muffin (V) (330</b> kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	4.93
Breakfast muffin (7777) 482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	5.16
Add: Two hash browns 🥏 (164 kcal) 92p	•••••

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, While we have procedures for segregating customer information screen website preparation within meals and drinks, kitchen and bar service may involve shared and Wetherspoon app. Ingredients vary, depending on location, and may have preparation/cooking areas. If you have any specific food/drinks allergen needs, changed since your last visit. Use the please inform us when ordering; we will customer information screen to filter menus by specific dietary requirements, take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or • Exclude those dishes containing certain products Staff cannot offer specific advice or recommendations beyond our published See full lists of ingredients. allergen communications. Swapping items may result in changes to allergens Set Calorie and carbohydrate limits. • List only vegan or vegetarian dishes. contained in the dish DIETARY SYMBOLS

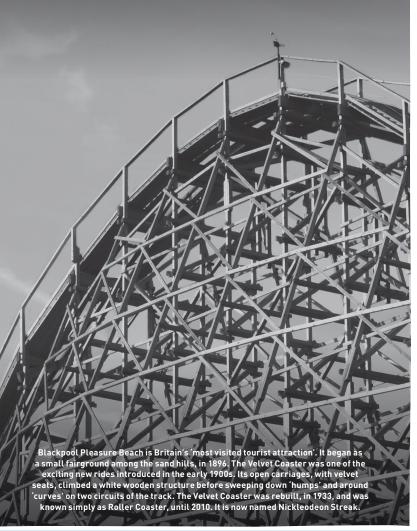
= Very mild = Mild = Medium hot = Very hot **FFFF** = Extremely hot Vegetarian ØVegan 5% fat or less 55 Dish under 500 Calories Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org Adults need around 2000 kcal a day.§

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. •Non-refundable advance purchase rates, available to book direct on our website app and on the telephone.<sup>1</sup>Statement of daily Calorie needs from the Department of Health & Social Care.<sup>1</sup>#Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml)

for the facts drinkaware.co.uk idwetherspoon.com ⊇ EXTRARED



## **The Velvet Coaster** Blackpool





## **Table service**



Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



100% UK and

From farms in the UK

and Ireland, prime beef

steaks, matured for 28

days. Traceable from

Irish beef

farm to fork.

Allergen and nutritional information can

be found on our customer information screen,

website and Wetherspoon app. Adults need

FOOD HYGIENE RATING

0 1 2 3 4 5

100%

around 2000 kcal a day.§





come from fisheries which have









**Breakfast** 

8am - 12 noon

Traditional breakfast

£6.31

Tea, coffee and

hot chocolate

£9.67 £11.43 INCLUDES A DRINK<sup>\*</sup>

Choose from over 150 drinks

LAVATLA Coffee The freshly ground 100% Arabica Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms



2024 - 2020

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#### **Award-winning** children's menu Best children's meals (first place)

Independently run 'secret diner' survey

#### **Sustainable Restaurant** Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment



#### Small plates Any 3 for £17.75

8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.	
Margherita 💟 📆 467 kcal. Mozzarella, basil	6.61
	7.20
NEW Spicy chicken /// 706 kcal Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket	7.20
	<b>R</b> 00
Pepperoni 💋 575 kcal. Mozzarella, pepperoni	7.20
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	7.20
BBQ chicken 555 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket	7.20
Roasted vegetable 👽 514 kcal	7.20
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Vegan roasted vegetable 🥥 🥸 😘 355 kcal	7.20
Mushroom, roasted pepper, courgette, onion, basil	/.20
	7.80
Spicy meat feast //// 615 kcal	7.00
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
11" garlic pizza bread 💟 772 kcal	5.10
Nachos /// 🛛 695 kcal. Cheese, quacamole, salsa, sour cream, sliced chillies	5.81
	5.01
Add: Spicy pulled chicken thigh 🖊 (249 kcal) 2.99	
	4.23
NEW Shawarma-chicken-topped chips /// 1387 kcal	6.60
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces	
Bowl of chips with curry sauce @ 1082 kcal	6.03
Cheesy chips 💟 1256 kcal	5.41
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.60
Loaded Cinps 1000 Keat. cheese, highle-cureu bacon, sour cream	0.00
With any of the small plates below, choose one dip:	

NEW Korean-style dip 💟 96 kcal; Sweet chilli 🗾 🕢 37 kcal; Sticky soy 💟 100 kcal Naga chilli 💴 🖉 🕢 136 kcal; Jack Daniel's® Tennessee Honey glaze 💟 87 kcal Chipotle mayo /// 🗴 150 kcal; Blue cheese 💟 270 kcal; BBQ sauce 🥥 83 kcal Halloumi-style fries 💟 😘 396 kcal 6.20 Chicken bites 5 322 kcal. Ten battered chicken breast pieces 6.48 Southern-fried chicken strips / 📆 459 kcal. Five chicken breast strips 6.43 Chicken wings **FFF** 813 kcal. Ten spicy chicken wings 6.99 Quorn<sup>™</sup> nuggets @ 🐯 331 kcal. Eight coated pieces 6.03

#### Deli Deals<sup>®</sup> INCLUDES A DRINK

#### All wraps and paninis are freshly made to order.

The wraps and parmins are nessing made to order.	
<b>NEW 10" wraps</b> A smaller wrap and filling.	
Small Korean fried chicken 384 kcal Iceberg lettuce, cucumber, coriander, Korean-style sauce Small shawarma chicken PPP 502 kcal	just-a-wrap, without a drink <b>4.79</b> each
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,	
tomato, onion, rocket, fresh mint <b>Small Quorn™ nuggets @ (555)</b> 310 kcal Salad leaves, tomato, cucumber, salsa	soft drink* <b>5.86</b> each
Small southern-fried chicken /// 📆 399 kcal Salad leaves, smoky chipotle mayo	alcoholic drink* <b>7.62</b> each
Small fried halloumi-style cheese <b>//</b> 🛛 🐯 391 kcal	edcli
Salad leaves, sweet chilli sauce, tomato, cucumber Add: Small side salad @ (46 kcal); Small portion of chips @ (329 kcal)	<b>1.03</b> each

12" wraps R

ceberg lettuce, cucumber, coriander, Korean-style sauce	

#### NEW Shawarma chicken // 719 kcal

Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,	
tomato, onion, rocket, fresh mint	soft drink*
Quorn <sup>™</sup> nuggets @ ፼ 508 kcal. Tomato, cucumber, salsa	7.43
Southern-fried chicken 💴 609 kcal	each
Salad leaves, smoky chipotle mayo	alcoholic drink*
Fried halloumi-style cheese 📂 🕐 707 kcal	9.19
Salad leaves, sweet chilli sauce, tomato, cucumber	each

#### Paninis

Cheddar cheese and tomato V 527 kcal Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

#### 

With side salad and one filling. Extra fillings 1.22 each.			
soft drink*	alcoholic drink*		
8.60	10.36		
each	each		
	each. soft drink* 8.60		

#### Burgers Includes A DRINK

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork. Develope to a film

Double beet burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories b	elow)	
Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion	soft drink* 9.46 each	alcoholic drink* <b>11.22</b> each
<b>Double American cheese burger</b> 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* <b>10.04</b> alcoholic drink* <b>11.80</b>	
Gourmet burgers	••••	

Served with chips, six onion rings (871 kcal, included in Calories below). Ultimate burger 1656 kcal

Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal

Fried buttermilk chicken 1703 kcal BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal	soft drink* <b>11.66</b> each	alcoholic drink* <b>13.42</b> each
Fried buttermilk chicken 1780 kcal Fiesta burger @ 1380 kcal BEYOND MEAT plant-based patty, salsa, guacamole, roas	sted pepper,	courgette, onion

#### **Chicken burger**

Served with chips (602 kcal, included in Calories below).	soft drink*
Fried buttermilk chicken burger 1255 kcal	9.46
Breaded whole chicken breast fillet	each
Meat-free burger	alcoholic drink*
Served with chips (602 kcal, included in Calories below).	11.22
Beyond Burger <sup>™</sup> 🧭 1043 kcal	each
🖙 BEYOND MEAT plant-based patty,	

#### iceberg lettuce, garlic & herb sauce

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, inclu American burger 696 kcal	ded in Calo	ories bel	low).
Red onion, gherkin, ketchup, American-style mustard <b>Classic beef burger</b> 677 kcal Iceberg lettuce, tomato, red onion	soft drink* <b>7.20</b> each	alcoholio <b>8.9</b> eac	96
Skinny beef burger 🐨 375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead	of chips		
American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		ft drink* ic drink*	7.78 9.54

Chicken burgers served with a small portion of chips	soft drink*
(329 kcal, included in the Calories below).	7.20
NEW Korean crunchy chicken strip burger 712 kcal	each
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce	alcoholic drink*
Crunchy chicken strip burger 🖊 776 kcal	8.96
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	each

Additional toppings and burger patties		
Maple-cured bacon with Cheddar cheese 173 kcal		
Maple-cured bacon with American-style cheese 160 kcal	2.14	
Cheddar cheese 🔮 82 kcal 1.52 American-style cheese 🔮 69 kcal	1.52	
Maple-cured bacon 91 kcal 1.52 Crunchy chicken strip 🌶 92 kcal	1.50	
	h <b>1.97</b>	
🔚 BEYOND MEAT patty 🧭 184 kcal		

#### Curries includes a drink

Classic curries With basmati pilau rice, pla	in naan and p	oppadums.		
Mangalorean roasted cauliflower				
& spinach curry 📂 🤕 🧐 927 kcal		alcoholic drink*		
Chicken tikka masala 📂 1190 kcal	11.60 each	13.36 each		
Chicken jalfrezi 🖉 🌮 🚳 935 kcal	eduli	eacii		
Change your plain naan to a garlic naan 💟 (add 92 kcal) 47p				

inge your plain naan to a garlic naan 💟 (add 92 Kcal) 47 p Add: Two plain poppadums 🥥 (86 kcal) 47p

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander. Katsu grilled chicken curry 😨 542 kcal Sliced chicken breast	soft drink* <b>10.49</b> each
Katsu Quorn <sup>™</sup> nugget curry @ 686 kcal. Eight coated pieces Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet	alcoholic drink* <b>12.25</b> each
NIEW Malaysian chicken & baby sweetcorn curry #	<b>5</b> 58 678 kcal

#### Chicken Includes A DRINK

	oft drink* <b>10.43</b> lic drink* <b>12.19</b>
Chicken baskets Boneless basket <b>/</b> Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce	
Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 😳 763 kcal; Chips 1157 kcal Southern-fried chicken strips basket // Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze	soft drink* 10.43 each alcoholic drink* 12.19 each
Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal Quorn™ 'no chicken' nuggets basket 🎢 Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal	

#### 11" pizzas includes a drink

Sourdough base - proved, stretched, topped and freshly baked to order.soft drinMargherita V 934 kcal. Mozzarella, basil10.45	k* alcoholic drink* 3 12.19		
Spicy chicken /// 1374 kcal Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket Pepperoni // 1151 kcal. Mozzarella, pepperoni Ham and mushroom 1011 kcal Mozzarella, ham, mushroom, rocket BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket Roasted vegetable 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil Vegan roasted vegetable 2 \$709 kcal	soft drink* <b>11.60</b> each alcoholic drink* <b>13.36</b> each		
Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast //// 1214 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	8 14.54		
Additional toppings Red onion @ 10 kcal; Sliced chillies #######@ 3 kcal; Mushroom @ 4 kcal each 88p			
Garlic & herb dip 🧭 180 kcal; Mozzarella 文 150 kcal; Ham 71 kcal Chicken breast 94 kcal; Maple-cured bacon 91 kcal	each <b>1.15</b>		
Pepperoni 🍠 109 kcal; Roasted vegetables 🥥 90 kcal	each <b>1.53</b>		

#### Pub classics Includes A DRINK

Fish and chips	soft drink*	alcoholic drink*
Small freshly battered cod and chips 🧭	9.62	11.38
Peas 681 kcal or mushy peas 739 kcal <b>Small Whitby breaded scampi</b> Chips, peas 629 kcal or mushy peas 686 kcal. Four scampi.	9.62	11.38
Freshly battered cod and chips  Peas 1240 kcal or mushy peas 1298 kcal	11.84	13.60
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	11.84	13.60
Add: Two slices of bread 🔍 (404 kcal) <b>1.34</b> Chip shop-style curry sauce 🥥 (118 kcal) <b>1.46</b>		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Two slices of black pudding (355 kcal) <b>1.51</b>	11.49	13.25
Vegetarian all-day brunch V 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	11.49	13.25
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	9.49	11.25
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	9.49	11.25
Vegan sausages, chips and beans @ 910 kcal Three vegan sausages	9.49	11.25
<b>NEW Chilli bean non-carne (a)</b> (3) 635 kcal Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips	10.08	11.84

#### Noodles, salads and pastas INCLUDES A DRINK

	soft drink* a	lcoholic drink*
NEW Ramen noodle bowl <b>F</b> @ & 555 466 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak cl bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Chicken breast (93 kcal) <b>1.15</b> ; Poached egg <b>V</b> (63 kcal) <b>9</b>		10.75
Chicken & maple-cured bacon salad Choose: Chicken breast (567) 283 kcal Southern-fried chicken breast strips (566) 465 kcal	11.16	12.92
Mediterranean salad @ 6667 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper cherry tomatoes, pumpkin seeds, basil, dressing Add: ∑13√2 Spicy pulled chicken thigh Ø (249 kcal) 2.99 Halloumi-style cheese ♥ (447 kcal) 1.97 Roasted vegetables Ø (90 kcal) 1.53; Chicken breast (187 kca		11.79
Halloumi-style cheese & roasted vegetable salad () ()) 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing Add: Chicken breast (187 kcal) 1.97	10.32	12.08
Burrito salad bowl ♥ 668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add: NEW Spicy pulled chicken thigh / (249 kcal) 2.99 Chicken breast (187 kcal) 1.97; Chilli bean non-carne / @ (14	<b>10.32</b> 49 kcal) <b>1.9</b> 7	12.08
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Chicken breast (187 kcal) 1.97; Maple-cured bacon (91 kc	<b>10.60</b> cal) <b>1.52</b>	12.36
British beef & pancetta lasagne 761 kcal. Side salad	11.16	12.92

#### **Sides and extras**

Bowl of chips 🥏 964 kcal (Add: Spicy seasoning 🥏 (7 kcal) 34p)			4.23	
Small bowl of chips 🥏 60	2 kcal			2.48
Five chicken wings 👭	407 kcal			3.34
NEW Five chicken breas	st bites 161 kc	al		2.99
Eight Whitby breaded sc	<b>ampi</b> 464 kcal			4.99
Peas 🧭 133 kcal				94p
Mushy peas V 248 kcal				94p
Side salad 🥥 91 kcal				2.29
Mediterranean side sala	<b>d</b> 🥏 198 kcal			3.22
Roasted vegetables 🧭 🕄	35 kcal			1.53
Coleslaw 💟 399 kcal				1.40
Sliced chillies	3 kcal			88p
Onion rings 🤕	Six 269 kcal	2.33	Twelve 538 kcal	3.50
Garlic pizza bread V	<b>8</b> '' 386 kcal	3.92	<b>11</b> " 772 kcal	5.10
With cheese 🕐	<b>8</b> '' 473 kcal	4.51	<b>11</b> " 922 kcal	5.98

Desserts	
<b>NEW Giant profiterole V (600)</b> 433 kcal Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry	5.33
NEW Chocolate & salted caramel torte Chocolate biscuit base, chocolate & salted caramel filling	5.33
Vanilla ice cream V 746 kcal or coconut ice cream V 701 kcal NEW Salted caramel sticky toffee pudding V 877 kcal Vanilla ice cream	6.16
<b>NIEW Millionaire's shortbread @ (567)</b> 409 kcal Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	2.17
Cookie crunch 🛛 뻀 364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.82
Fresh fruit () () () () () () () () () () () () ()	4.56
Warm chocolate fudge cake 🔮 909 kcal. Vanilla ice cream	5.33
Warm chocolate brownie 🖤 736 kcal Belgian chocolate sauce, vanilla ice cream	5.33
Warm cookie dough sandwich V 727 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.33
British Bramley apple crumble Vanilla ice cream 🔮 673 kcal or coconut ice cream 🥥 628 kcal	5.62
Add: Vanilla ice cream scoop ♥ (135 kcal) 94p; Toffee sauce ♥ (66 kcal) 42p Belgian chocolate sauce @ (61 kcal) 42p; Banana @ (110 kcal) 62p Strawberries @ (27 kcal) 62p; Blueberries @ (17 kcal) 62p	

Adults need around 2000 kcal a day.§